



## GROVE PARK PRESCHOOL

### The Buzz

December 2021

Let's Focus On

#### **HOLIDAYS CAN BE STRESSFUL FOR CHILDREN TOO!**

The holidays can be quite frantic and difficult for a young child to manage. There is a great deal of stimulation in a child's everyday world anyway—television, computers, toys, child care, etc. During the holidays other things are added such as more shopping trips, family gatherings, and other activities. This can be a very stressful time for a preschooler who may act out and/or have temper tantrums due to this over stimulation. During the holiday season, try to simplify your child's life. Try to stay in as normal a routine as possible—regular meal times, bedtimes and family times. Have daily conversations with your child about what is happening at school and encourage them to talk about their feelings. Also giving your child choices—"Do you want to wear the blue shirt or the red shirt today?" rather than making choices for them will help them. Having the opportunity to make choices allows your child to have some control over his/her world which frequently prevents acting out behaviors.

*Students, Faculty and Staff  
of Grove Park Preschool*

*Wish that all our families have  
a joyful holiday and a happy New Year!*

#### GROVE PARK PRESCHOOL SERVICE PROJECT

Students are collecting canned goods and nonperishable food items for God's Storehouse through December 17th.



**REGISTRATION FOR 2022-2023 PRESCHOOL  
SCHOOL YEAR STARTS JANUARY 10TH.**

**HELP US SPREAD THE WORD!**

### Principal Wright's Corner

Please help support our school's service project for collecting canned foods for God's Storehouse. The bad weather also reminds me to tell you to go to [www.danvillepublicschools.org](http://www.danvillepublicschools.org) for school related closings. If you are not receiving the Danville Public Schools Weather calls (799-6400) then our computer system does not have your updated phone number. If your number has changed, please come to school to make the change in the office. We don't want you to miss any important information. We hope to see you and your child virtually at our Read A Loud event. It's Wednesday, December 8th at 6:00. The student will bring home a book and hot chocolate for this event. Get a blanket so you can snuggle up with your child to read a book. Don't worry, we will give you some tips on how to make it fun. Thank you so much for sharing your wonderful children with us each day.

**EXTRA! EXTRA!  
READ ALL ABOUT IT!**



- **Virtual Read Aloud Night**  
December 8th @6pm
- **Early Dismissal**—  
Dec 22, 2021 @ 12:15pm
- **Winter Break— No School**  
Dec 23, 2021-Jan 4, 2022

Please make sure that your child comes to school everyday with a mask.  
Thank you

Rhonda Wright



**TOOLS  
OF THE  
MIND**

# The Tools of the Mind Connection

A newsletter connecting home and school environments

December 6, 2021

We are enjoying our Restaurant theme and pretending great scenarios like ordering from the ice cream parlor and making pizza! Your children are developing great imaginations!



## WHAT AM I READING?

- Pizza at Sally's
- Froggy Eats Out
- Little Nino's Pizzeria
- Going to a Restaurant

We are practicing self-regulation with our freeze dance to help enjoy music and practice controlling our body. You can practice at home by playing any music and then starting and stopping it in between and have your child "freeze" in place when the music stops.

Our "Science Eyes" in the next few months will focus on collections of materials for children to practice observing similarities and differences.

We will continue with Attention Focusing Activities, Community Building Activities and Self-Regulation Activities while learning our literacy and math skills through play.

## WHAT AM I DOING IN PLAY?

**Theme:** Restaurant  
**Roles I can be:** Hostess, cashier, dishwasher, customer, Mom, Dad, Brother, Sister



**What's happening in my centers:**  
Washing the dishes  
Preparing food displays  
Setting the table  
Preparing the menu

**I am practicing my reading/writing and math by:**  
Weighing items on scales  
Calling phone numbers for delivery  
Using various quantity words - big, small, medium

## FINGER PLAY TO LEARN

I'm a little teapot

Short and Stout

Here is my handle

Here is my spout

When I get all steamed up

Then I shout:

Tip me over and pour me out!



## EXTENSIONS AT HOME:

- Draw a picture of where you eat in your house
- Help wash dishes with someone
- Practice your telephone number and address with someone at your house



**NEED YOUR HELP!!** Play practice of our theme is a great way to connect the experience from school to home for your child! During dinner time pretend you are in a restaurant taking the order and serving food.